

Circling MARS  
Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_

Preferred Group Time:  Tuesdays 8:15-9:30 am  
 Thursdays 4:45-6:00 pm  
 Either

Relationship Status? \_\_\_\_\_

Do you have children?  Yes  No

If yes, please list gender(s) and age(s): \_\_\_\_\_  
\_\_\_\_\_

Motivation for Attending? \_\_\_\_\_  
\_\_\_\_\_

Referral Source? \_\_\_\_\_

I have read and understand the statement of  
commitment and understanding on the back of  
this registration form.

Signature: \_\_\_\_\_

**Marriage Enrichment**

**Parent Education**

**Divorce Recovery**

**Marriage Preparation**

**Grief Support**

**Stress Management**

**New Day for  
Children of Divorce**



**CenterPoint Counseling**

Second Presbyterian Church      New Hope Presbyterian Church  
7700 North Meridian St.      12550 Brooks School Rd.  
Indianapolis, IN 46260      Fishers, IN 46037  
317-252-5518      317-252-5518

CenterpointCounseling.org

**MEN'S SUPPORT**



**A circle of men  
discovering new ways  
to cope, communicate  
and connect.**



**CenterPoint Counseling**  
AT SECOND PRESBYTERIAN CHURCH

Building Community ✦ Transforming Lives ✦ Engaging the World

---

## Have you ever said to another...

“Look, it’s over, let’s just move on.”

“That is not what I said or meant.”

“We DO talk...what do you mean that we don’t ever talk?”

## Have you ever thought...

“How do I balance it all?”

“How have I placed myself in this situation?”

“Is this all that life offers?”

“Why am I so upset?”

## Have you ever heard from another...

“You don’t ever listen to me.”

“It’s like you’re not even here when you are.”

## In this group, men can expect...

- Greater connection within themselves and in personal relationships.
  - Increased self-awareness and life satisfaction.
  - Increased sense of balance and contentment.
  - Examination of how one’s thoughts, feelings and perceptions influence connections.
- 
- 

---

Men, at times, find it difficult to express emotions and gravitate towards reasoning of the life because they have been taught to be strong. Circling MARS (Men Achieving Relational Success) will offer tools and practices to access empathy and compassion for self and others. The group is designed to support awareness of the split between their emotional and intellectual realities. Science is proving that lack of integration of one’s emotional mind leads to decreased wellness and diminished sense of wholeness. Circling MARS offers hope to end the cycle of isolation and assist men in revealing themselves to the world.

While the group is ultimately led by the participants, P. Scott Sweet, LCSW, LCAC will provide direction, insight and educational tools to aid the group process.



---

## Group Details

**Tuesdays 8:15-9:30 am**

**or Thursdays 4:45-6:00 pm**

**Second Presbyterian Church Room 354**

**Fees: \$40/week (\$160/month)**

**Must be pre-paid**

**Groups are ongoing and meet weekly.**

**Each group will consist of a minimum of 5 men (18 years and older)**

**For more information call 317-252-5518 or email [SSweet@CenterPointCounseling.org](mailto:SSweet@CenterPointCounseling.org)**

---

---

## Statement of Commitment & Understanding

- I understand that Circling MARS is a support group in which I am encouraged to share my own experiences and to listen to other’s. In order to fully benefit, I agree to be honest with participants, maintain open communication, honor confidentiality and group guidelines.
  - I understand the group is open-ended and I may attend for as long as I find it beneficial. However, I also agree to attend for a minimum of one month from the date of my first meeting.
  - I am aware of the fees associated with my participation in Circling MARS and agree to pay any and all charges in advance.
  - I understand that Circling MARS is not a therapeutic or counseling program, but a directional support group. I hereby, indemnify and hold harmless CenterPoint Counseling and Second Presbyterian Church from any and all issues that may arise from my enrollment in Circling MARS.
- 
-